



Empowering women to find out their breast density,
learn their options,
and take charge of their breast cancer screening.



INSURANCE COVERAGE AND SELF-PAY GUIDE

Conversation Guide/Questions to ask Insurance Carriers:

1. After my mammogram, what additional breast cancer screening will you cover?

- HHU - Handheld Ultrasound
- ABUS - Automated Breast Ultrasound
- MBI - Molecular Breast Imaging
- CEM - Contrast Enhanced Digital (or Spectral) Mammography
- MRI - Breast Magnetic Resonance Imaging

2. Do copays apply to these procedure costs?

3. What is your decision criteria for additional breast cancer screening?

- Breast density
- Family history
- Lifetime risk
- Medically necessary

4. What information do you need to ensure these tests are covered?

- Is prior authorization required?
- Is it subject to my deductible?

Tips to help secure insurance coverage for additional screening:

1. Know the insurance codes. Ask your doctor for the EXACT insurance code they will use.
2. Insurance may be more likely to cover if:
 - Your doctor states the procedure "is medically necessary"
 - You have a family history of breast cancer
 - You are genetically predisposed to breast cancer (BRCA1, BRCA2, etc)
 - Your doctor uses a breast cancer risk assessment model

Self-pay Option:

Insurance may not cover additional screening, or the self-pay price may be less than your deductible. Ask your doctor's office or imaging center, "What is the price if you process through insurance, and what is the self-pay price?"