

PATIENT / DOCTOR BREAST SCREENING CONVERSATION GUIDE

- **Let's read my mammography report from the hospital together.**

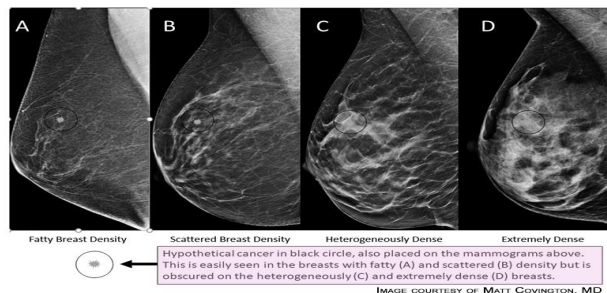
(Why My Density Matters)

- It is your right to have access to this report
- Your doctor should readily provide it to you upon request
- You may be able to access your report through your online portal

- **Tell me what my Density is: Ranked from least (A) to most (D)**

Which category am I?

- (A) Fatty
- (B) Scattered density
- (C) Heterogeneously dense
- (D) Extremely dense



- **What is my BI-RADS score?**
 - Doctors use a standard system to describe mammogram findings and results. This system (called the *Breast Imaging Reporting and Data System* or *BI-RADS*) sorts the results into categories numbered 0 through 6.
 - For more information on [BI-RADS](#)
- **How confident are you the test(s) you've prescribed will find any cancers present?**
- **Mammography will find less than half of all cancers in women with dense breast tissue.**
 - What additional screening options are available if I have dense breasts (C or D)?
 - What insurance code will you be using for the test you're prescribing?
- **It is your right to know about your mammogram report and your breast density.**
 - Insist and persist.
 - If you are having trouble getting answers to these questions, consider changing physicians or breast imaging centers.

This material is not intended to be medical advice. If you have any questions about your health, please contact a Medical Practitioner